

# Yogurt solutions your dysphagia patients *will love*

## DYSPHAGIA PRODUCT LIST 2022





The International Dysphagia Diet Standardisation Initiative (IDDSI) has set out clear guidelines for how to safely nourish patients with dysphagia. General Mills Foodservice is committed to providing products, to help you implement IDDSI guidelines in your operation.

## YOPLAIT™ CREAMY

Product Description	Dysphagia Levels	Case Pack/Weight	Case GTIN	Package GTIN	Order Code	Distributor Code
Yoplait™ Creamy 1.5MF Strawberry	4 5 6 7	4/2 kg	10056920043723	56920043726	604372000	
Yoplait™ Creamy 1.5MF Vanilla	4 5 6 7	4/2 kg	10056920043716	56920043719	604371000	
Yoplait™ Creamy 1.5MF Cherry/Fieldberry/Strawberry/Peach 16ct	7	48/100 g	10056920043327	56920043320	604332000	
Yoplait™ Creamy 1.5MF Vanilla 4ct	4 5 6 7	6/100 g	10056920040906	56920040909	604090000	
Yoplait™ Creamy 2.3MF Plain	7	4/2 kg	10056920043709	56920043702	604370000	

## LIBERTÉ™ GREEK

Product Description	Dysphagia Levels	Case Pack/Weight	Case GTIN	Package GTIN	Order Code	Distributor Code
Liberté™ Greek 2MF Plain	7	6/500 g	10065684004307	65684004300	600430000	

## YOPLAIT™ SOURCE

Product Description	Dysphagia Levels	Case Pack/Weight	Case GTIN	Package GTIN	Order Code	Distributor Code
Yoplait™ Source OMF Stevia Strawberry/Cherry/Raspberry/Blueberry 16ct	7	48/90 g	10056920447538	56920447531	144753000	
Yoplait™ Source OMF Fieldberry/Raspberry/Strawberry/Peach 16ct	7	3/100 g	10056920060201	56920060204	606020000	

4

### LEVEL 4 - EXTREMELY THICK, PUREED

- Can often be eaten with a spoon, but sometimes a fork
- Can't be drunk from a cup
- Don't need to be chewed
- Can be molded, such as gelatin
- Are not sticky or lumpy
- Fall off a spoon all together when tilted and still hold shape on a plate.  
*For example, pudding.*
- Can't be poured but move very slowly if the plate is tilted

5

### LEVEL 5 - MINCED, MOIST

- Can be eaten with a fork or spoon or chopsticks if you have good hand control
- Can be scooped and shaped on a plate. *For example, mashed potatoes.*
- Are soft and moist but don't separate into liquid
- May have small lumps that can be mashed with the tongue

6

### LEVEL 6 - SOFT, BITE-SIZED

- Are tender, moist, and bite-sized
- Can be eaten with a fork, spoon or chopsticks but don't need a knife to cut
- Must be chewed

7

### LEVEL 7 - REGULAR, EASY TO CHEW

- Normal, everyday foods of varying textures, including soft, stringy, and hard and crunchy
- Foods that can be eaten by any method. *For example, from a cup or using utensils.*
- Foods that need to be chewed, with all types of textures and may have pieces that can't be swallowed, such as gristle



Our mission at **General Mills Foodservice** is  
*Serving Solutions Everywhere.*



*We* believe our wide array of products can help you grow your business. From our operator-focused back-of-house options to our leading front-of-house brands, General Mills Foodservice is committed to providing solutions to help you be successful.

For more information, please contact our regional brokers:

**Québec / Atlantic Canada**  
TTS Marketing  
☎ 514 457 2080

**Ontario**  
Total Focus Foodservice Sales & Marketing Inc.  
☎ 519 895 2110

**Western Canada**  
CORE Foodservice  
☎ 604 523 0332

[www.generalmillsfoodservice.ca](http://www.generalmillsfoodservice.ca)



**We're putting the people we serve and the planet we depend on at the heart of our business.**